

# "Who am I?"

## **I. Introduction**

- Identity is about who you are, it recognizes your existence in society as an individual.

## **II. Learning Objectives**

- Students will be able to define the word identity
- Students will be able to identify various factors that shape their identity

## **III. Background**

- The video the students watched explained and showed examples of the way the Kumeyaay's lifestyle and belief have been challenged, this activity will allow students to identify factors that shape their identities as individuals.

## **IV. Materials Needed**

- Pencil or pen
- Identity: "Who am I?" worksheet

## **V. Instructions**

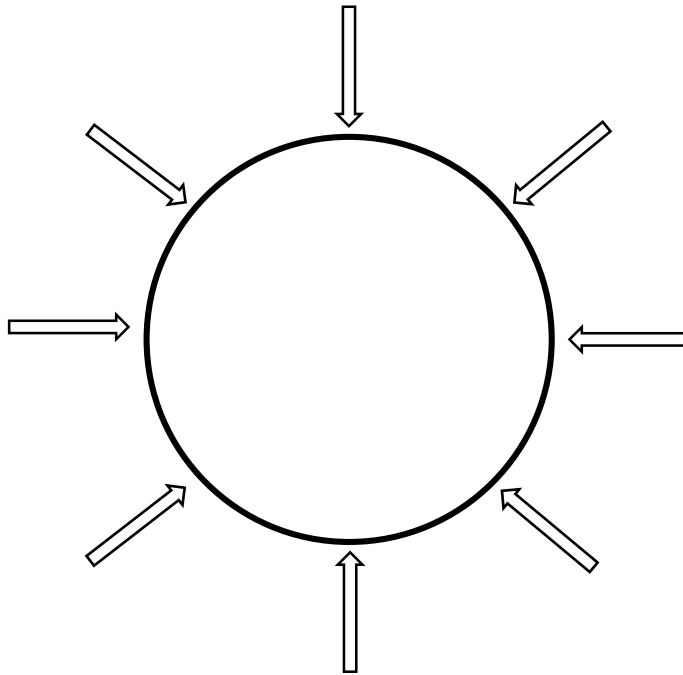
- Students will complete, "Who am I?" worksheet



# "Who Am I"

**identity** [ahy-**den**-ti-tee] (*noun*) the qualities, characteristics or beliefs that make a person who they are

Directions: Write your name in the circle. At the ends of the arrows pointing inward, write labels other might use to describe you (ex. daughter, son, student, nicknames, etc.). Then, finish the sentence in the box below, and list words and phrases in the chart that help describe where you are from.



I am from...

People connected to this place

Foods eaten here

Sights

Sounds

Smells